

NAMI Chippewa Valley was founded in December of 2010. We are a volunteer non-profit organization funded by memberships, donations and grants. Our mission is to provide education, support and advocacy for individuals and families living with a mental illness. We are affiliated through NAMI Wisconsin as your local affiliate of NAMI. We are governed by our bylaws and our board of directors. All individuals interested in volunteering or supporting our organization should contact us.

**"Never doubt that a small group of thoughtful, committed citizen's can change the world. Indeed, it is the only thing that ever has."**

Margaret Mead

**Join or donate online at our website:**  
[www.namivv.org](http://www.namivv.org)

**NAMI Chippewa Valley is a 501(c)(3) non-profit organization so all memberships and donations are tax deductible, check with your financial advisor for specifics to your situation.**

**OUR PROGRAMS:**

**NAMI Family Support Group:** Usually meets the first Thursday of every month from 6:30-8pm, check our website or call for more information. All friends and family members of individuals living with a mental illness are invited to join us as we support each other in a confidential and caring group setting. FREE and open to the public.

**NAMI Family-to-Family Class:** FREE weekly classes held for eight successive weeks. Pre-registration is required, please call for information on our next class schedule. This evidence-based program is designed for friends and family of adult individuals living with a mental illness, provides education, coping skills and interaction with others in a similar situation. Led by NAMI trained facilitators.

**NAMI Basics On-demand:** FREE six session class for parents and primary caregivers of children and adolescents who have psychological, emotional or behavioral issues that might be indicators of future mental health concerns. Led by NAMI trained facilitators. <https://www.nami.org/Videos/NAMI-Basics-OnDemand>

**NAMI Homefront:** Free online suite of resources for caregivers, family members, and military service members and veterans designed to increase understanding, communication, wellness and advocacy skills. <https://www.nami.org/support-education/mental-health-education/NAMI-Homefront>

**NAMI IOOV (In Our Own Voice):** NAMI trained presentations provide a personal perspective of mental health conditions, as leaders with lived experience talk openly about what it's like to have a mental health condition.

**CIT(Crisis Intervention Training):** We proudly support the Eau Claire Police Dept program to train their officers.

**Education Meetings:** Check our website or call for info on scheduled meetings and topics. FREE and Open to the Public.

**Being Together:** List of online virtual state-wide support groups and classes if we don't currently have a program you are looking for <https://namiwisconsin.org/being-together/>

